

The infographic features a teal background with various dental-related icons scattered around a central white text box. These icons include a toothpaste tube, a toothbrush, a dental mirror, a magnifying glass over a tooth, a mouth with buck teeth, a dental chair, a tooth with a checkmark, a toothbrush with foam, a dental X-ray, a container of dentifrice, a dental scaler, a mint container, a dental probe, a toothbrush with foam, and a dental handpiece labeled 'AIRFLOW'.

Thumb-Sucking & Oral Health Problems

Thumb-sucking may lead to major oral health problems. Buck teeth and jaw alignment issues often occur when permanent teeth are growing in.

Some children will require braces as result of this bad habit, while others will not.

It's not easy for children to break the habit. But positive reinforcement has been found to be very effective.

It is recommended that parents consult with their child's dentist to determine if their thumb-sucking habit may lead to braces later in life.